



NJRID &
Kean
University
Present



Finding the Interpreter's Soul Through Expressive Journeying and Labyrinth Walking

Facilitated by

**Barbara Pfingst, CI, Masters of Spiritual Guidance &
Kathleen Pilus, CSC, Certified Labyrinth Facilitator**

WHEN: May 20, 2017 10:00 am to 4:00 pm

WHERE: **Kean University EAST CAMPUS**
215 North Avenue; Hillside, New Jersey 07205
Nathan Weiss Building, 2nd Floor Grad Lounge

TARGET AUDIENCE: Working Interpreters and Interpreting Students.

COST: \$80 for current NJRID members; \$95 for non-members. **Free lunch (12:00 pm - 1:00 pm) is Included.**

WORKSHOP DESCRIPTION:

In this workshop, we will honor the importance of connecting with our innate wisdom and our relationship to the inner spark of what makes us interpreters. Barbara and Kathleen will guide you to a deeper connection through creative means in this unique approach of getting to our deeper selves!

We are in a unique time in history and many of us are feeling overwhelmed, as we face everyday challenges to stay grounded. How we are, or are not, managing our everyday lives has a direct impact on our work as interpreters. Holistic practices, such as meditation and creative expression, were previously considered “alternative” or New Age - but not anymore. Thanks to many peer-reviewed studies documenting their tremendous health benefits, we now know that by using breath, movement, and creativity, we are able to integrate the body with the mind and the mind with the spirit. When we incorporate these practices into our daily lives, we are able to reduce stress, quiet the mind, ground the body, and open the heart. If you would welcome a day of playful and rejuvenating learning about holistic approaches to a renewed mind, body and spirit, then this is the workshop for you!



ABOUT THE PRESENTERS:

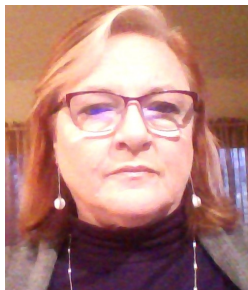
Barbara Pfingst

Barbara is a Nationally Certified Sign Language Interpreter with 24 years of experience. She has a dynamic freelance, presenting, and counseling practice. Her freelance work includes medical, mental health, vocational, educational, religious, and theatrical venues. At an early age, Barbara realized there was a greater sense to the universe than what is physically before us. In her discovery to name this sense, she works with a shamanic group in rituals and initiations, participates in energy healing forums, past life regression, dream, and meditative journeying. She holds a Bachelor of Arts in Psychology and a Masters of Arts in Spiritual Guidance from Sofia University in Palo Alto, California. She resides in Rockland County, New York with her husband, Robert, and is the proud mom of two (almost) adult children. Her mission is to support authenticity and spiritual growth in others with compassion and an open heart.



Kathleen Pilus

Kathleen is a nationally certified Sign Language Interpreter with more than 30 years of experience. She is also the co-founder, and was the Managing Partner of, Sign Language Resources, an interpreter referral service that was established in 1989. Since retiring from SLR in 2013, she has become certified as a Labyrinth Facilitator and is currently serving on the Board of Directors of Veriditas, Inc. (an international labyrinth organization). She has also started a new business – “Mindful Journeys” – where she helps people to simplify their lives by teaching them to embrace the mantra --“less is more” -- and through the meditative practice of labyrinth walking. Kathleen is the mother of four grown sons and resides with her husband, Keith, in Walden, New York.



LEVEL OF PARTICIPANTS' PRIOR KNOWLEDGE OF TOPIC:

X Little/None. Some Extensive Teaching

CEUs: .5 in Professional Studies

The New Jersey Registry of Interpreters for the Deaf is an approved sponsor of continuing education activities.

This workshop will be conducted in English with ASL interpreters provided upon request.

SPACE IS LIMITED SO DON'T DELAY! Look for an announcement of this same workshop presented in south Jersey VERY SOON!

Questions? Contact Don Rubel at donrubel@yahoo.com

Register online using PayPal at www.nj-RID.org (current members only)

OR

send **PAGE 3** of this flyer with your check payable to NJRID to:

NJRID Workshop
7 Dorchester Drive
Ewing, NJ 08638

_____ YES! I will attend KU and NJRID's workshop "**Finding the Interpreter's Soul Through Expressive Journeying and Labyrinth Walking**" on Saturday, May 20, 2017 at

Kean University EAST CAMPUS
215 North Avenue, Hillside, NJ 07205
Nathan Weiss Building
Second Floor
Grad Lounge

_____ Special Communication Needs: (be specific)

Name: _____

Email Address: _____

Phone:(_____) _____

RID Member # (if requesting CEUs): _____

Amount of Check Enclosed: \$ _____

for planning purposes:

_____ Special Dietary Needs (Be Specific):